

INSIDE THE CIRCLE:

A PROVEN METHOD FOR A SUCCESSFUL MARCHING BAND

By Matt and Ben Harloff

FULL ENSEMBLE CHAPTER

BARITONE SAXOPHONE PART
2nd Edition

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Breathing Exercises

Breathing Exercise #1: Smooth and Slow

Inhale 8-Exhale 8(repeats), Inhale 6-Exhale 6 (repeats), Inhale 4-Exhale 4 (repeats)

Breathing Exercise #2: Slow to Fast

Inhale 8-Exhale 8 (repeats), Inhale 7-Exhale 7 (repeats), Inhale 6-Exhale 6 (repeats), 5, 4, 3, 2, 1

Breathing Exercise #3: Fast to Slow

Inhale 1-Exhale 1 (repeats), Inhale 2-Exhale 2 (repeats), Inhale 3-Exhale 3 (repeats), 4, 5, 6, 7, 8

Breathing Exercise #4: Expand In/Contract Out

Inhale 8 Counts, Hold 10 seconds and sip small breaths, Exhale 1 count,
Hiss 10 seconds, Inhale 1 Count, Exhale 1 Count, Relax

Breathing Exercise #5: Dynamic Breathing

Sustain a piano Dynamic level for 4-8 counts, Rest for 4 counts (repeats)
Sustain a Mezzo Forte Dynamic level for 4-8 counts, Rest for 4 counts (repeats)
Sustain a Fortissimo Dynamic level for 4-8 counts, Rest for 4 counts (repeats)

Breathing Exercise #6: Long Tone Exercise

Perform any of the Long Tone Exercises as a breathing exercise.

Breathing Exercise #7: Note Length/Shape Exercise

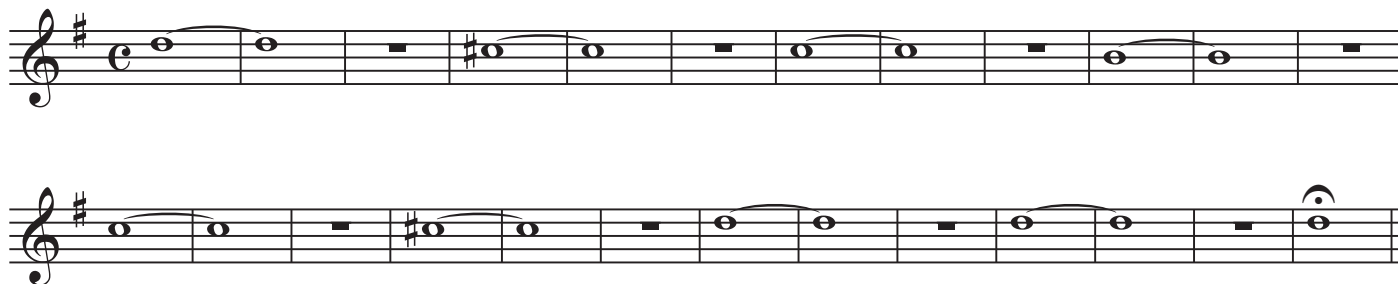
Perform any of the Note Length/Shape Exercises as a breathing exercise.

Breathing Exercise #8: Show Excerpts

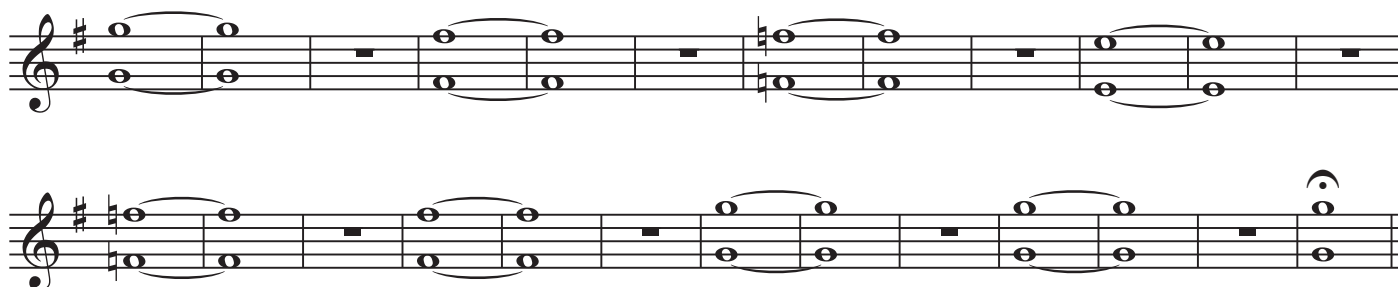
Choose an excerpt from your show and perform it as a breathing exercise.

Long Tones

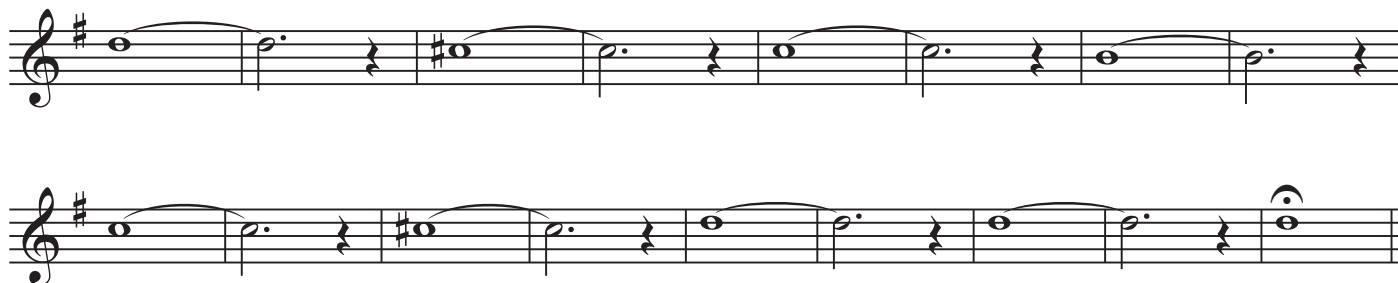
9 Count Tones on F Concert



9 Count Tones on Bb Concert



8 Count Tones on F Concert



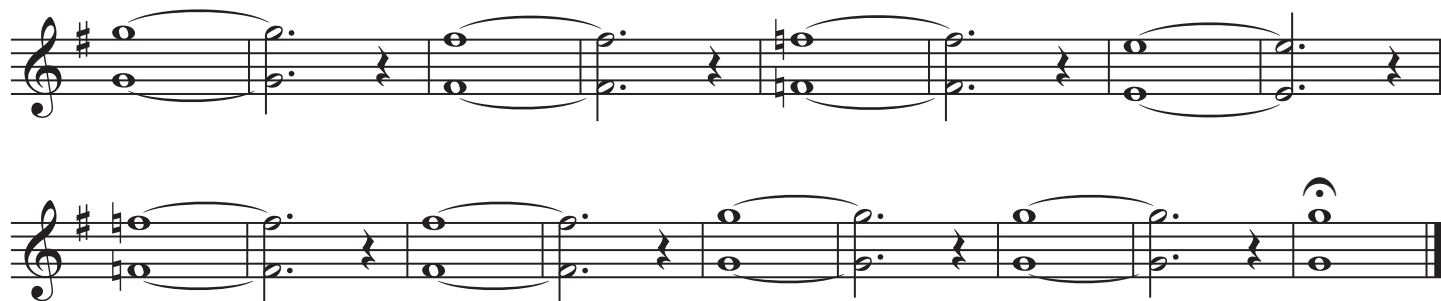
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Long Tones

8 Count Tones on Bb Concert

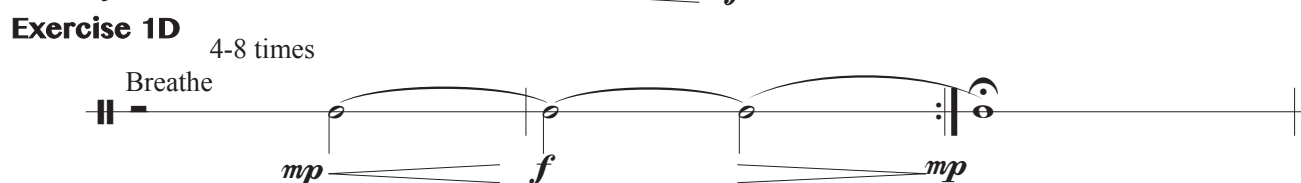
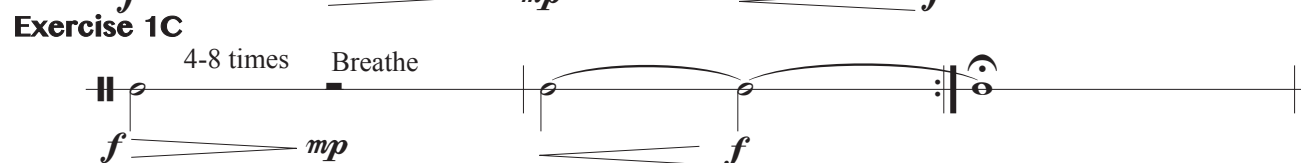
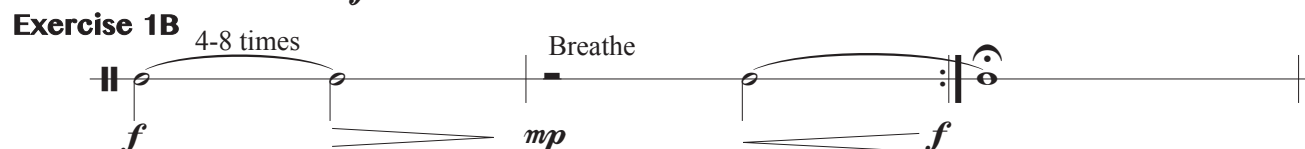
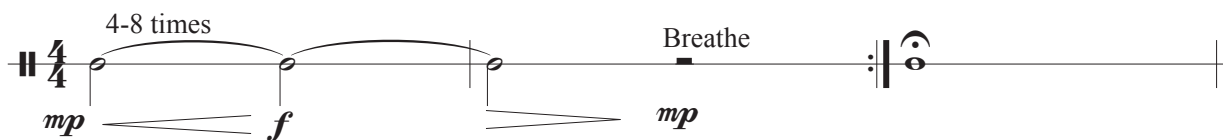


Release Exercise on F Concert

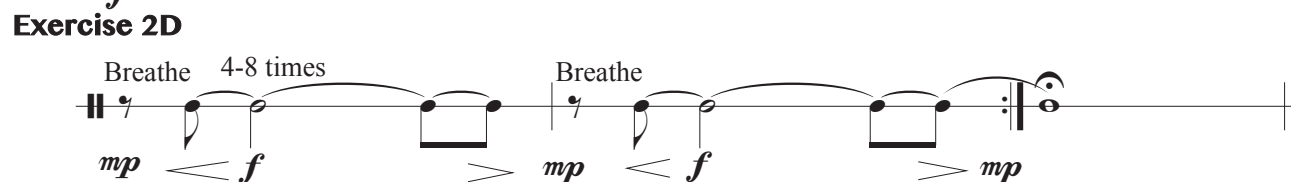
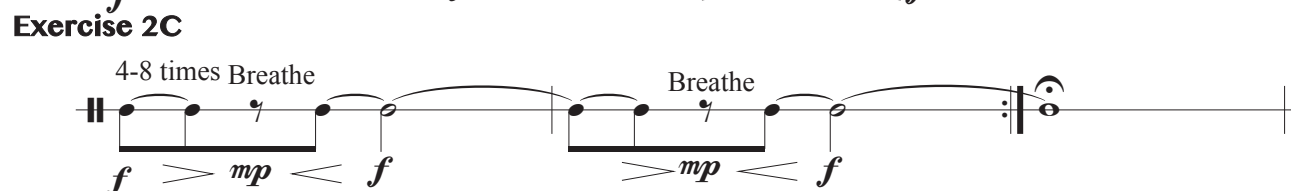
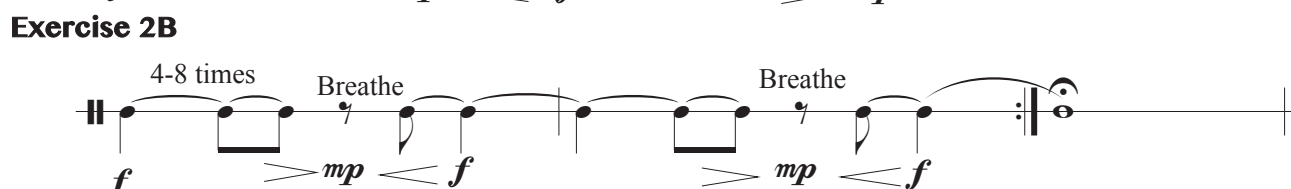
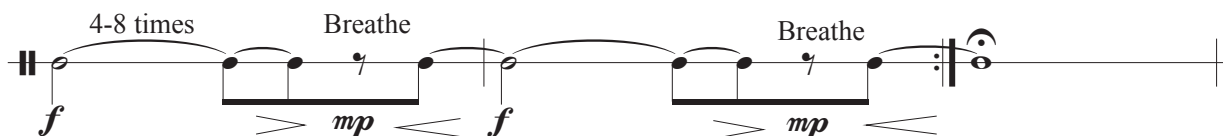


Stagger Breathing Exercises

Exercise 1A TEMPO: FAST



Exercise 2A TEMPO: MODERATE-SLOW



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Flexibility / Scales

Flexibility Exercise #1

B Sx A

B Sx B

B Sx C

Flexibility Exercise #2

B Sx A

B Sx B

B Sx C

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Flexibility / Scales

Flexibility Exercise #3

B Sx A

B Sx B

B Sx C

B Sx A

B Sx B

B Sx C

B Sx A

B Sx B

B Sx C

B Sx A

B Sx B

B Sx C

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Flexibility / Scales

Flexibility Exercise #4

B Sx A

B Sx B

B Sx C

B Sx A

B Sx B

B Sx C

B Sx A

B Sx B

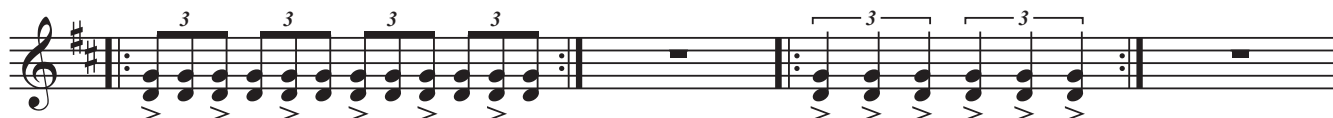
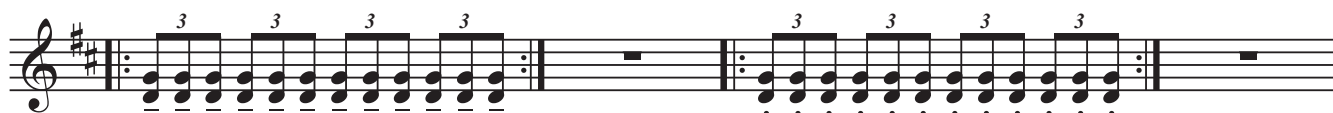
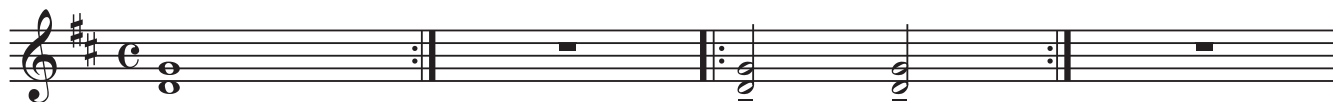
B Sx C

B Sx A

B Sx B

B Sx C

Note Length / Shape Exercise



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The first system of the musical score is written on a single staff in treble clef with a key signature of one sharp (F#). It begins with a repeat sign. The first measure of the repeat contains a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. This is followed by a quarter rest, a quarter note D4, and another quarter rest. The second measure of the repeat contains a series of eighth notes: D4, E4, F#4, G4, A4, B4, A4, G4, F#4, E4, D4. This is followed by a quarter rest, a quarter note D4, and another quarter rest. The system ends with a double bar line.



Show Articulation Examples

Basic 8 Staccato Eighth Notes

Four staves of music in treble clef, key of D major (two sharps), and common time (C). Each staff contains two measures of eighth notes, followed by a whole rest, and then another two measures of eighth notes, followed by a whole rest. The eighth notes are beamed in groups of four. The first two staves show the notes G4, A4, B4, and C5. The third staff shows the notes F#4, G4, A4, and B4. The fourth staff shows the notes E4, F#4, G4, and A4. The final measure of the fourth staff ends with a double bar line and a repeat sign.

Show Articulation Example 1

Four staves of music in treble clef, key of D major (two sharps), and common time (C). Each staff contains two measures of eighth notes, followed by a quarter rest, and then another two measures of eighth notes, followed by a quarter rest. The eighth notes are beamed in groups of four. The first two staves show the notes G4, A4, B4, and C5. The third staff shows the notes F#4, G4, A4, and B4. The fourth staff shows the notes E4, F#4, G4, and A4. The final measure of the fourth staff ends with a double bar line and a repeat sign.

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Show Articulation Examples

Show Articulation Example 2



Show Articulation Example 3



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Show Articulation Examples

The image displays four staves of musical notation for a Baritone Saxophone part, illustrating articulation examples. The music is written in treble clef with a key signature of one sharp (F#). The notation includes various rhythmic patterns, primarily eighth and sixteenth notes, often beamed together. Each staff features two triplet markings, indicated by a bracket with the number '3' above the notes. The notes are frequently marked with an accent (>) to indicate articulation. The first three staves end with a quarter rest, while the fourth staff concludes with a whole note chord. The notation is clean and professional, typical of a music manuscript.

Ensemble Fundamental Tuning Exercise

♩ = 92



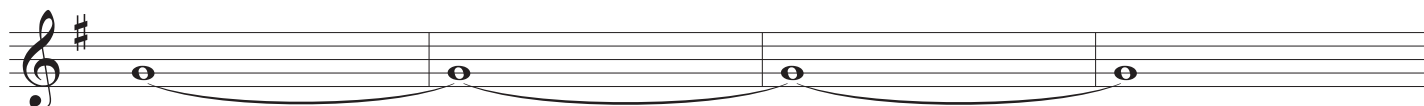
A



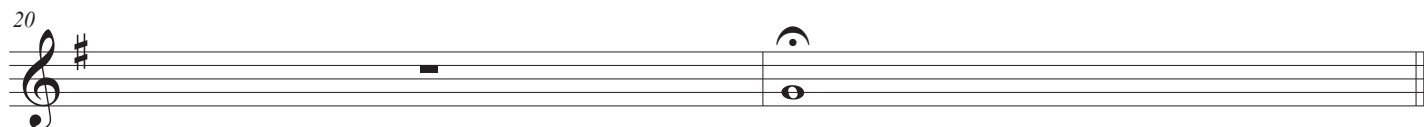
B



C



D



Just Intonation Tuning Exercises

Bb Major Scale

B Sx A

B Sx B

0 +4 -14 -2 +2 -15 -12 0 -12 -15 +2 -2 -14 +4 0

Bb Major Chord

B Sx A

B Sx B

0 -14 +2 0

F Major Chord

B Sx A

B Sx B

0 -14 +2 0

C Major Chord

B Sx A

B Sx B

0 -14 +2 0

Eb Major Chord

B Sx A

B Sx B

0 -14 +2 0

Ab Major Chord

B Sx A

B Sx B

0 -14 +2 0

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Just Intonation Tuning Exercises

G Minor Scale

B Sx A

B Sx B

0 +4 +15 -2 +2 +14 -4 0 -4 +14 +2 -2 +15 +4 0

G Minor Chord

B Sx A

B Sx B

0 +15 +2 0

D Minor Chord

B Sx A

B Sx B

0 +15 +2 0

A Minor Chord

B Sx A

B Sx B

0 +15 +2 0

C Minor Chord

B Sx A

B Sx B

0 +15 +2 0

F Minor Chord

B Sx A

B Sx B

0 +15 +2 0

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Tuning Chart

Materials: Instrument, tuner and patience.

Tuning Steps:

Step 1: Tune your fundamental pitch to get the instrument in tune. For Baritone Sax: B on the staff, F# top of the staff and G on the staff.

Step 2: Tune the note at a piano dynamic. Write down how many cents out of tune.

Step 3: Tune the note at a mezzo forte. Write down how many cents out of tune.

Step 4: Tune the note at a fortissimo. Write down how many cents out of tune.

Step 5: Experiment how to fix the intonation. Write down ways to place the note in tune.

Repeat Steps 2 through 4 all the way to the highest pitch.

***Ways to adjust tuning: Firm-up Embouchure. Loosen Embouchure. Alternate Fingering.

Tips:

*Start the chart with the lowest note.

*When tuning each note, do not adjust the pitch to play in tune. Play the note as natural as possible. This way you will be receiving your most accurate tendency on each pitch.

*Each dynamic may have a different pitch tendency. Be patient with each dynamic to get the most accurate tendency.

*Write +13 if you are sharp 13 cents. Write -10 if you are flat 10 cents. Write 0 if you are in tune.

*Fix?: On the "Fix?" line write down what you need to do to adjust the pitch and play it in tune. You may want to fill out the entire chart come back later to fill in the "Fix?" line.

*This sheet may take some time. You may have to complete the full chart in a couple of practice sessions.

The tuning chart consists of three staves, each with a treble clef and a key signature of one sharp (F#). Each staff contains three measures, each with a whole note. The notes are B (first measure), F# (second measure), and G (third measure). Below each note, there are three lines for dynamics: p (piano), mf (mezzo-forte), and ff (fortissimo). Below each dynamic line, there is a line for 'Fix?' with a blank space for writing. The chart is designed for the Baritone Saxophone part.

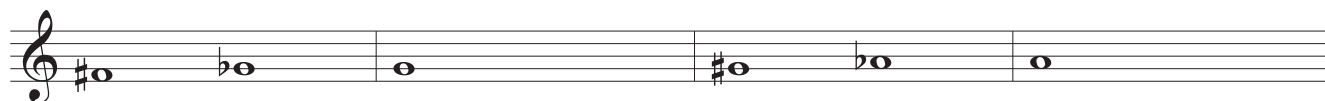
Staff	Note	p	mf	ff	Fix?
1	B				
1	F#				
1	G				
2	B				
2	F#				
2	G				
3	B				
3	F#				
3	G				

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Tuning Chart



p__ mf__ ff__

p__ mf__ ff__

p__ mf__ ff__

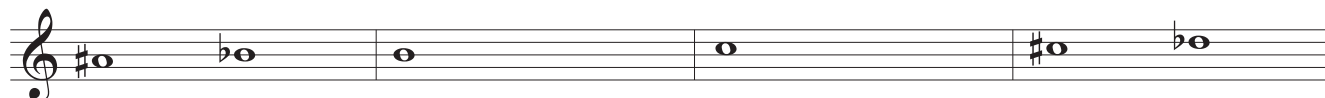
p__ mf__ ff__

Fix? _____

Fix? _____

Fix? _____

Fix? _____



p__ mf__ ff__

p__ mf__ ff__

p__ mf__ ff__

p__ mf__ ff__

Fix? _____

Fix? _____

Fix? _____

Fix? _____



p__ mf__ ff__

p__ mf__ ff__

p__ mf__ ff__

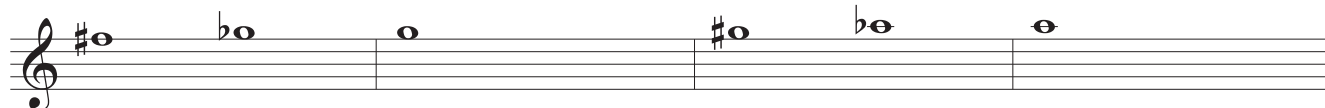
p__ mf__ ff__

Fix? _____

Fix? _____

Fix? _____

Fix? _____



p__ mf__ ff__

p__ mf__ ff__

p__ mf__ ff__

p__ mf__ ff__

Fix? _____

Fix? _____

Fix? _____

Fix? _____



p__ mf__ ff__

p__ mf__ ff__

p__ mf__ ff__

p__ mf__ ff__

Fix? _____

Fix? _____

Fix? _____

Fix? _____



p__ mf__ ff__

p__ mf__ ff__

p__ mf__ ff__

p__ mf__ ff__

Fix? _____

Fix? _____

Fix? _____

Fix? _____

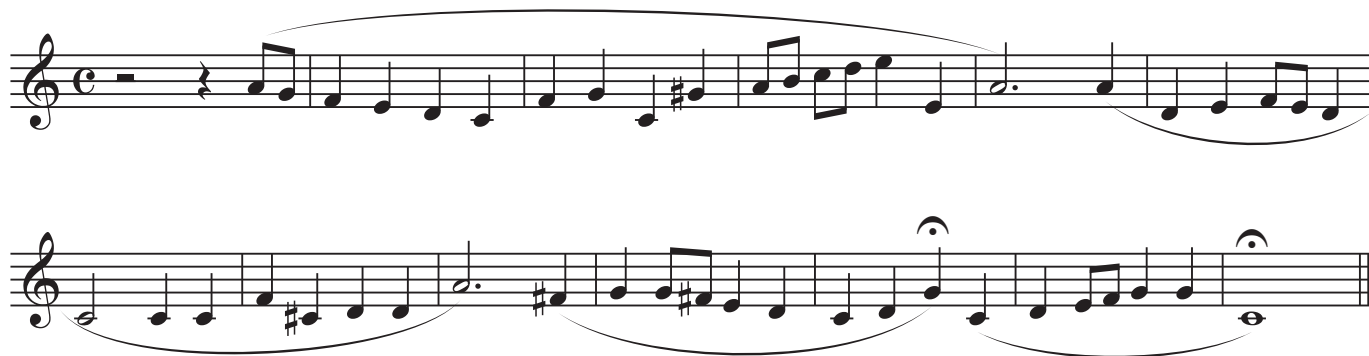
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Chorales

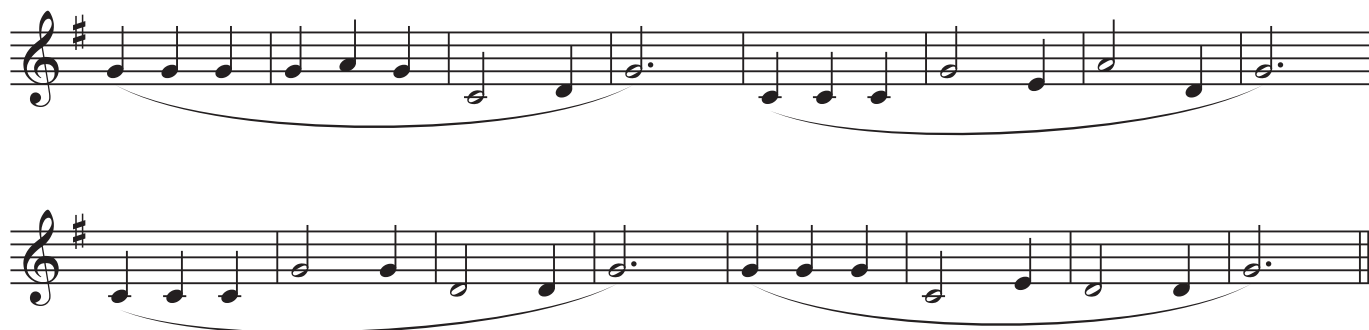
O Sacred Head Now Wounded by JS Bach



Be Thou My Vision



Faith of Our Fathers by H Hemy



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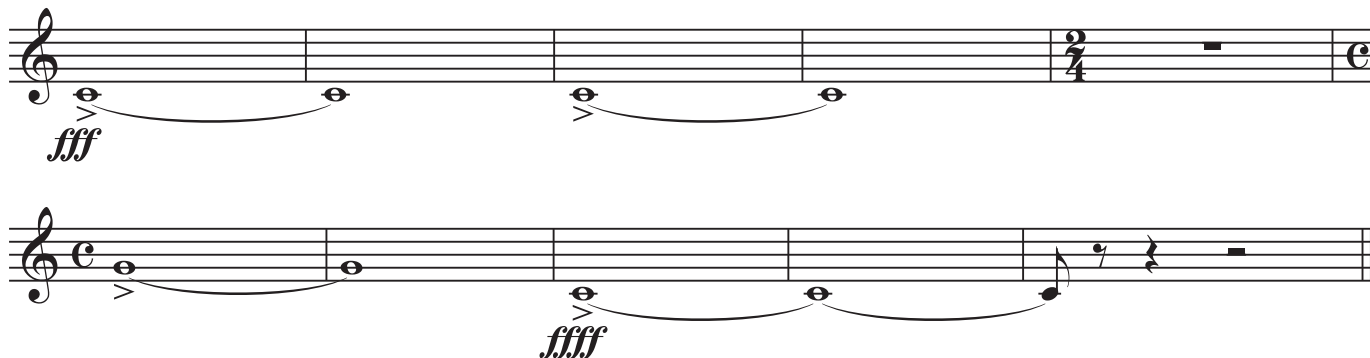
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Full Volume

Excerpt #1 ♩=86-92



Excerpt #2 ♩=86-92



Excerpt #3 ♩=92-100

